GREATER ST. LOUIS AREA COUNCIL
BOY SCOUTS OF AMERICA

CHALLENGE COURSE & ROCK CLIMBING
PRE-SEWN SEAT HARNESS SET-UP

Seat Harness - Front
(point of attachment - blue)

Seat Harness - Rear
(point of attachment - blue)

Climbing Rope
Seat Harness & Swami Belt
(Chest Harness Not Shown for Clarity)

Belay Device Carabiner
Seat Harness & Swami Belt

02/2013 KTM
GREATER ST. LOUIS AREA COUNCIL  
BOY SCOUTS OF AMERICA  
CHALLENGE COURSE & ROCK CLIMBING  
PRE-SEWN SEAT HARNESS SET-UP  

Rappell Device - Seat Harness  
Belay Line - Seat & Swami  

Rabbit Ear Carabiners  
Seat Harness & Swami Belt  

Rappell Device - Seat Harness  
Belay Line - Seat & Swami  

Rabbit Ear Carabiners & Belay  
Seat Harness & Swami Belt
As of December 2012 all the Challenge Course and Climbing sites have the new ready-made seat harnesses. All the Swami belts remain and will be used as in the past.

Webbing seat harnesses are still in use at all 7 of our Challenge Course and Climbing sites. Use the harness system you were trained with. If a Challenge Course Director or Climbing Instructor Staff member has shown and reviewed the new ready-made harness with you consider yourself trained! We will show how to use the ready-made harnesses at Recertification events and training courses.

Instructors will need to carefully inspect each harness for damage before participants put on the harness. All the various stitching points, webbing and buckles will need to be inspected.

As in the past the belay lines/rabbit ears always are attached to the seat and the Swami Belt. This is just a different kind of seat harness; this is not a change in procedures or the philosophy of backing up the seat harness.

Notes about fitting the seat harness
1. Loosen both leg loops and waist loop and then step thru the waist and leg loops. Bring the waist loop above the hips before tightening all 3 loops.
2. After all 3 loops are tightened wrap the excess webbing around the loops so there aren’t long tails dangling from the participant’s harness. These long tails can cause problems especially when rappelling, be sure to tuck them securely out of the way.

Questions?
Contact: gslac.cc.chairman@gmail.com
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CHALLENGE COURSE & ROCK CLIMBING
SEAT HARNESS & SWAMI BELT

Step 13

Step 14

Step 15

Step 16

Step 17

Step 18

Step 19

Step 20

Step 21

Step 22 - Finished
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CHALLENGE COURSE & ROCK CLIMBING
SEAT HARNESS & SWAMI BELT

Step 13 - Finished

Both Together