

REQUIREMENTS

A. Identify the conditions that must exist before performing CPR on a person. Explain how such conditions are recognized.

B. Demonstrate proper technique for performing CPR on an adult mannequin for at least three minutes. This is not a certification. It is only intended to familiarize you with CPR.

Revised 04/2012

I certify that

Scout _____

Name

Has satisfactorily completed the CPR requirements as shown on the left side of this card. These requirements are applicable to the following Merit badges:

- Canoeing Small-boat Sailing
- Climbing Swimming
- Lifesaving Waterskiing
- Motorboating Whitewater
- Rowing

Instructor

Professional Certification

A SCOUT IS PREPARED!

CPR EMERGENCY ACTION PROCEDURE (EAP)

1. CHECK scene, then CHECK person.
2. Tap shoulder and shout "Are you O.K.?"
3. No response, CALL 9-1-1.
4. Open airway CHECK for signs of life (movement and breathing) for no more than 10 seconds.
- 5a. If breathing, place in the recovery position and monitor ABC's (Airway, Breathing and Circulation).
- 5b. If not breathing (no signs of life) begin CPR (Give 30 chest compressions at 100 compressions per minute followed by 2 rescue breaths).
6. If breaths go in continue CPR until victim has signs of life, EMS arrives or too tired to continue.



BOY SCOUTS OF AMERICA
GREATER ST. LOUIS AREA COUNCIL

Scout's Name

Troop Number

Date (Expires 2 years from this date)

CPR PROGRESS CARD

Valid for Merit Badge purposes only

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