

**\*NATIONAL YOUTH LEADERSHIP TRAINING  
PACK AND PADDLE  
PERSONAL EQUIPMENT CHECK LIST**

The official uniform for NYLT is the current Scout Uniform. For their personal comfort, all participants will need to have the items listed below as required. **(IMPORTANT: Wear your uniform to camp. The program will begin immediately.)**

**REQUIRED ITEMS:** (2 NYLT t-shirts are provided and additional available for purchase)

- 2 pairs Scout Shorts/Pants
- Scout Shirt (short sleeve)
- Hiking Socks (synthetic preferred; two pair minimum)
- Sturdy hiking boots
- Camp or Water Shoes (feet will get wet during Paddle portion)
- Scout web belt and buckle
- Underclothing (2 sets, synthetic preferred)
- Rain gear (a jacket is best)
- Warm layer (chilly mornings & evenings – fleece hat/light fleece top)
- Swim suit (you will be required to take a swim test shortly after arrival; pack on top)
- Internal or External frame backpack (a day pack will not work) (40L minimum)
- Towel & Washcloth & shower shoes (flip flops, crocs, etc.)

- Toothbrush & Toothpaste
- Soap
- Sunscreen/Chapstick
- Non-aerosol insect repellent
- Bowl, cup and a spoon (for backpacking/reusable)
- Water bottles wide mouth Nalgene-type, 1 liter capacity, minimum of 2 bottles. (Hydration bladders are discouraged)
- Ground Cloth (at least 6'x8' )
- Sleeping bag (40 degrees or summer)
- Sleeping pad (Closed cell foam or air)
- Small travel pillow (foam or air)
- Small Flashlight or Headlamp (with extra batteries)
- 2 Pens or pencils
- Compass (basic inexpensive type)
- Pack Cover (large trash bag works)
- Small Daypack

**OPTIONAL ITEMS**

- Extra Ziploc Bags/trash bags
- Sunglasses

**SPECIAL NOTE:** Scouts will be instructed on “Doing Laundry” using a camp style washing machine.

**DO NOT BRING:** Hat, snacks, aerosol cans, coolers, radios, cell phones, televisions, expensive cameras, large amounts of money, fireworks, anything electric or electronic, non-Scout reading materials, tobacco products, beverages, or footlockers. Do not bring items inconsistent with the Scout Oath and Law. The Trading Post will not be open during the course. The Trading Post will open on Saturday as the course concludes and will offer NYLT items.

**PACK ALL YOUR GEAR IN AN EXTERNAL OR INTERNAL FRAME BACKPACK WITH SUFFICIENT ROOM TO INCLUDE ADDITION OF GROUP FOOD AND GEAR. ONLY OFFICIAL BOY SCOUTS OF AMERICA UNIFORM PARTS ARE ACCEPTABLE. ALL CLOTHING AND EQUIPMENT MUST BE MARKED WITH THE SCOUT’S NAME AND HOME TROOP NUMBER.**

Camp Sakima  
S-F Scout Ranch

