

APRIL 2022

A QUARTERLY DIGITAL LIFESTYLE MAGAZINE FOR GSLAC FAMILIES



THE PANDEMIC AND MENTAL HEALTH OF OUR YOUTH

The COVID-19 pandemic has impacted everyone in various ways, especially children and youth, which are crucial stages of development. Although more research is needed regarding the long-term impact of the pandemic on youth mental health, experts do note the research points towards increased levels of anxiety, depression, irritability, and anger in youth during this time. For those concerned that their child's mental health has been suffering (whether associated with the pandemic or not), you can pay attention to some changes in mood and behaviors

- · Changes to note in your child
- Feeling sad, hopeless, worthless, guilty, irritable, nervous, worried, on edge, fearful, anxious
- · Withdrawing from family and friends

click the link below to continue reading...

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Article by **Devon Fortner**: Licensed Clinical Social Worker from CHADS Coalition for Mental Health



CHALLENGE COURSES

It's always a great day when you and your friends are in the woods on one of two a GSLAC Challenge Courses! Beaumont Scout Reservation in High Ridge, MO, and S Bar F Scout Ranch in Knob Lick, MO, is home to these fantastic experiences.

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Article by Terry Pogue



WHAT DO I NEED TO GO FISHING FOR THE FIRST TIME?

Fishing is a great way to spend a day. Some folks fish for sport or relaxation, while others fish only for food. One of the joys of fishing is that it can be fun and productive at any skill level.

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Article by **Michael R Brand**: BSA Certified Angling Instructor





SCOUTING - BEHIND THE LENS

GSLAC is fortunate to have 20 individuals dedicated to capturing scouts in action. Photographers attend events all over the Council to capture the mission of Scouting. You can find the team's photographs in the service centers, Council publications, Boy's Life, and Scouting Magazine.

The diverse selection of photographers and their backgrounds bring various perceptions to each event. No two photographers are equal, and each has a unique approach guaranteeing no two images are the same.

Photographers may capture an event on their own or work in a team. Events like the annual Council dinner and major campouts are often team events, where two to twenty photographers branch out across the event to capture the images of Scouting. We work as a team, capturing images assigned to various activities and areas across the site. Often the photographers trade activities and locations to get multiple images from multiple photographers. The photographers work hard to capture images that represent the mission of Scouting.

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THIS HISTORY OF BEAUMONT SCOUT RESERVATION

The Greater St. Louis Area Council has many hiking trails available at any of the 6 camping properties but sometimes you just want to get outside, get active and take a walk to enjoy the Spring weather. Enter

Great Rivers Greenway. They are working to make the St. Louis Region a more vibrant place to live, work and play by developing a network of greenways to explore and enjoy. With more than 128 miles of greenways constructed, there is probably one near you, making it easy to live more of your life outside!

GREAT RVIERS GREENWAY - 128 MILES AND COUNTING!

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The first article of a series by Joseph Sartorius, Ph.D.

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Article by Michael R Brand: BSA Certified Analina Instructor





RANDY HETZ JOINS SECOND CENTURY SOCIETY

GSLAC Longtime Scouter, Randy Hetz was welcomed to the Second Century Society by Scout Executive Joe Sadewasser at the River Trails Round Table meeting on Thursday, September 2. The Second Century Society is for individuals who make an outright cash gift of \$25,000 or more or an estate gift of \$100,000 or more. Randy, a vigil member of Order of the Arrow, Silver Beaver recipient, and 52-year member of the trail guides has been involved with Scouting nearly all of his life. In fact, it is a family commitment for the Hetz family. His late brother Ron, his son Ryan, and grandson Gabriel are Eagle Scouts, and his grandson Max is a Life Scout working towards Eagle. You can often find Randy volunteering at Beaumont Scout Reservation.

When asked why Randy chooses to support the Greater St. Louis Area Council at a significant level, he said, "I have been a Scout since I was 8 years old. The Scouting program means so much to not only myself but to my entire family. The values and leadership instilled in youth through Scouting lasts a lifetime.

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THE POWER OF KINDNESS

When we are the recipients of kindness, we feel valued, we feel happy. Kindness can be a simple, thoughtful gesture, and these acts of goodness can leave us with lasting joy and learning opportunities.

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Article by Polished



SCOUTING - ON THE FOREFRONT OF CONSERVATION

Since 1910, conservation and environmental studies have been an integral part of the Boy Scouts of America. Scouts have rendered distinguished public service by helping to conserve wildlife, energy, forests, soil, and water.

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Article by Chad Deschane

SUMMER CAMP IS CALLING!

Registration is open for all summer camps

Reserve your Scouts spot before April 8th & save \$20.00 on overnight camps and \$10.00 on day camps





GREATER ST. LOUIS AREA COUNCIL YEAR IN REVIEW

YOUTH SERVED













2,438







571 EAGLE

SCOUTS



BADGES MERIT BADGES



8,467 CUB SCOUT **ADVANCEMENTS**



4.790 SCOUTS BSA **ADVANCEMENTS**



SCOUTING FOR FOOD ,980,000

FOOD ITEMS



MEMBERSHIP HIGHLIGHTS

OF 2021

VENTURING #1

#3 **CUB SCOUTS**

#4 **AFRICAN AMERICANS**

#4 **EXPLORING**

FEMALES #5



SCOUTS ATTENDED STEM EVENTS 2,703

NOVA AWARDS EARNED

TIMES COUNCIL STEM 106 TRAILER UTILIZED

NUMBER OF SCOUTS TO HAVE A YOUTH SUMMER CAMP EXPERIENCE

TOTAL: 5,775

CUB SCOUTS: 1,999 SCOUTS BSA & VENTURING: 3.776

GREATER ST. LOUIS AREA COUNCIL



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