

***NATIONAL YOUTH LEADERSHIP TRAINING
PACK AND PADDLE
PERSONAL EQUIPMENT CHECK LIST**

The official uniform for NYLT is the current Scout Field Uniform. For their personal comfort, all participants will need to have the items listed below as required. **(IMPORTANT: Wear your field uniform to camp. The program will begin immediately.)**

<p>REQUIRED ITEMS:</p> <p>(2 NYLT activity uniform T-shirts are provided. Additional T-shirts are available for purchase.)</p> <ul style="list-style-type: none"> () 2-3 pairs Scout Shorts/Pants () Scout Field Uniform Shirt (short sleeve) () Hiking Socks (synthetic preferred; three pair minimum) () Sturdy hiking boots () Water Shoes (feet will get wet during Paddle portion) () Scout web belt and buckle () Underclothing (minimum 3 sets, synthetic preferred) () Rain gear (a jacket is best) Rain pants are highly recommended () Warm layer (chilly mornings & evenings – fleece hat/light fleece top) () Swim suit (you will be required to take a swim test shortly after arrival; pack on top) () Internal or External frame backpack (40L capacity, minimum) () Towel & Washcloth & shower shoes (flip flops, crocs, etc.) 	<ul style="list-style-type: none"> () Toothbrush & Toothpaste () Soap () Sunscreen/Chapstick () Non-aerosol insect repellent () Bowl, cup and spoon/spork (for backpacking/reusable) () 2-3 Water bottles, wide mouth Nalgene-type, 1 liter capacity. No “sippy tops” or sport tops. Bottles must be transparent. Colors are ok but you must be able to see through. (Hydration bladders are discouraged) () Ground Cloth (at least 6’x8’) () Sleeping bag (40 degrees or summer) () Sleeping pad (Closed cell foam or air) () Small travel pillow (foam or air) () Small Flashlight or Headlamp (with extra batteries) () 2 Pens or pencils () Compass (basic inexpensive baseplate type) () Pack Cover (large trash bag works) () Small Daypack <p>OPTIONAL ITEMS</p> <ul style="list-style-type: none"> () Extra Ziploc Bags/trash bags () Sunglasses
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DO NOT BRING: Hat, snacks, aerosol cans, coolers, radios, cell phones, televisions, expensive cameras, large amounts of money, fireworks, anything electric or electronic, non-Scout reading materials, tobacco products, beverages, or footlockers. Do not bring items inconsistent with the Scout Oath and Law. The Trading Post will not be open during the course. The Trading Post will open on Saturday as the course concludes and will offer NYLT items.

PACK ALL YOUR GEAR IN AN EXTERNAL OR INTERNAL FRAME BACKPACK WITH SUFFICIENT ROOM TO INCLUDE ADDITION OF GROUP FOOD AND GEAR. ONLY OFFICIAL BOY SCOUTS OF AMERICA UNIFORM PARTS ARE ACCEPTABLE. ALL CLOTHING AND EQUIPMENT MUST BE MARKED WITH THE SCOUT’S NAME AND HOME TROOP NUMBER. IT IS BEST TO PACK ALL CLOTHING AND PERSONAL GEAR IN LARGE ZIP-LOC BAGS INSIDE YOUR PACK TO PROTECT AGAINST WEATHER. YOU WILL BE ABLE TO LEAVE AN EXTRA SET OF CLOTHES AT BASE CAMP IF DESIRED.