



## NYLT PERSONAL EQUIPMENT CHECKLIST

Dress Code for Arrival and In-Processing is the official field uniform (or class A's) (see second bullet point on the required list). All badges and insignia must be properly placed on the field uniform. Jeans, gym shorts, or other miscellaneous bottom-wear are NOT acceptable substitutes for the field uniform.

### REQUIRED

- BSA Med/Health Form A,B,C
- BSA Field Uniform: shirt, pants (or shorts), belt/buckle, and socks (3 minimum, extras recommended)
- NYLT Official t-shirt (*2 provided at check-in*)
- Hiking boots or shoes (athletic shoes are not recommended)
- Daybag for notebook, water bottle, rain gear and other personal gear
- Long pants / Jeans are not recommended (1)
- Underwear (4 minimum)
- Rain suit or rain poncho
- Jacket Suitable for Forecast Conditions
- Sleeping Bag/Small pillow
- Sleepwear
- Insulated sleeping pad
- Water bottle
- Tent 10x10 or smaller\*\* New in 2022**
- Tarp to fit tent size
- Toothbrush & toothpaste
- Hand soap / body wash / shampoo
- Towel & washcloth
- Comb or brush
- Prescribed medication (\*see NOTE below)
- Personal first aid kit
- Sun protection
- Pen and/or pencil
- Small flashlight & spare batteries
- Watch
- Waterproof ground cloth
- Camping Chair that can be taken with you to sites
- Mess Kit (plate, bowl, cup, fork, spoon)
- Cordage for clothesline
- Insect repellent (non-aerosol)
- Swim Trunks/Full Swimsuit
- 2 Plastic Trash Bags and 2- 7x10 zip locks bags
- Cot (Optional)

### • Additional Items

- Participants are assigned to patrols upon arrival, with whom they will camp during the course. Bring a suitable tent, stakes, etc. Borrow this item from your troop if you do not own one.
- You will be required to "pack in" and will be living and camping outdoors, so you will need a backpack suitable for transporting gear in one trip to your patrol campsite and on an overnight hike. (Borrow if you do not own one.) Meals will be prepared by you and your patrol members on provided camp stoves. All cooking equipment will be provided.

### • Prohibited or Restricted Items

- Trunks, footlockers or suitcases (Plastic Tubs for Personal Gear may be used only as weather conditions dictate, but you will need to carry these items to your campsite)
- NO Electronics (Cell Phones, games, IPOD, MP3)
- NO Firearms/Fireworks
- NO Tobacco/Drugs /Alcohol
- No Pocket Knives
- NO Open-toed shoes in camp

\* **NOTE: Required / prescription medications** are review by the course medical officer at check-in. These must be labeled, in **original containers (including samples)**, and listed on the permission slip. Scouts must keep track of their own needs and see the medical officer whenever they need medications.

Over-the-counter medicines (Tylenol, cold tablets, antacids, etc.) will be dealt with according to instructions on the Council OTC Form and BSA Medical Form participants submit at registration. Please only bring what is needed for the week.